## What to expect when you visit the National Assembly for Wales

A guide for people with autism

October 2014

This is an Easy Read version of the National **Assembly for Wales leaflet 'Sensory issues for** people with autism'



Cvnulliad Cvmru

National Cenedlaethol Assembly for Wales





This is an Easy Read version. The words and their meaning are easy to read and understand.



You may need help and support to read and understand this document. Ask someone you know to help you.

Some words may be difficult to understand. These are in **bold blue writing** and have been explained in a box beneath the word.

If any of the words are used later in the booklet they are shown in normal blue writing. If you see words in normal blue writing, you can look up what they mean in **Hard words** on page 14.



Where the document says 'we', this means the National Assembly.

If you would like a version in large print, Braille, audio tape or another language please contact:



Assembly Booking and Information Service National Assembly for Wales North Wales Visitor Centre, Princes Park Princes Drive, Colwyn Bay, Conwy, LL29 8PL





Phone: 0845 010 5500 or 01492 523200

Email: assembly.info@wales.gov.uk

Website: http://www.assemblywales.org

This document was made into Easy Read by Learning Disability Wales using Photosymbols 5.

#### Contents

#### Page

Introduction: Your visit to the National Assembly for Wales4
<ul> <li>About the National Assembly for Wales</li></ul>
Our buildings6
What will happen when you arrive7
What you may see, hear, smell and touch at the National Assembly for Wales9
<ul> <li>What you may see9</li> </ul>
<ul> <li>What you may hear10</li> </ul>
What you may smell12
- What you may touch12
If you need to rest13
More information13
Hard words14



## Introduction: Your visit to the National Assembly for Wales

We want you to have a good time when you visit the National Assembly for Wales.



We want to make sure you are happy and calm. We want to make sure that nothing upsets you.

This guide is about what you can expect when you visit our buildings.



There are:

- things you may see



things you may hear



things you may smell



things you may touch.

Some of these things may be new to you.

#### About the National Assembly for Wales

The National Assembly is a group of 60 people from different parts of Wales.



Listen

These people are called **Assembly Members**. Their job is to speak up for the people in their part of Wales, and help them with what they need.



**Assembly Members:** 

stand up for what is important to the people of wales



- make new laws for Wales



Llywodraeth Cymru Welsh Government

make sure the Welsh Government is doing what it should do.

#### **Our buildings**

The National Assembly for Wales has 3 buildings:



• **The Senedd**. This is where Assembly Members make laws, and talk about the things that affect people in Wales.



**Tŷ Hywel**. This is where Assembly Members and their staff have their offices.



•

**The Pierhead Building**. This is where we hold some of our events.

# What will happen when you arrive

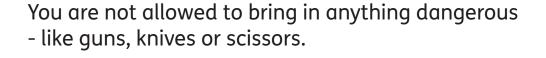
At the **Senedd** and **Tŷ Hywel** buildings we have security.

When you first get to the **Senedd** or **Tŷ Hywel**, you will have to go through a security check.

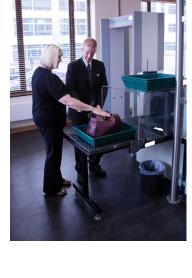
You will be asked to empty your pockets into a tray.

You will be asked to take off your coat, and put your bag through a scanner.

Your coat, bag, and the things that were in your pocket, will be given back to you after the security checks.



If you bring something dangerous with you, it will be taken off you. You may not be get it back.







After this, you will walk through an arch. The arch will beep if you have anything that is metal on you.

If you have autism, you can ask for the beep to be switched off.



If the arch beeps when you walk through it, a security officer will check what set off the beep with a hand held **detector**.

A **detector** is a machine we use to find something, like metal.

The security officer will move the detector around your body. It should not touch you.

## What you may see, hear, smell and touch at the National Assembly for Wales

#### What you may see

If you look over one of our balconies, you may feel dizzy because of how high the balcony is.



There may be bright lights in some rooms. Some rooms can be very dark. The light can change while you are in a room.



You may see paintings on the wall. You are not allowed to touch the paintings.



You may see signs for **loop systems**. These are for people who are deaf and use a hearing aid.

A **loop system** is a special type of sound system to help people with hearing aids hear more clearly.





## What you may hear

The Call to Plenary bell.

This is the bell that tells Assembly Members to go to the **Siambr**.

The **Siambr** is the name of the room where Assembly Members meet.



The Call to Plenary bell only goes off in the Senedd. It is very loud. You can hear what it sounds like on the National Assembly for Wales website: http:// www.assembly.wales/en/visiting/Pages/Visitorsautism.aspx.



The Call to Plenary bell goes off at 1:25pm and 1:30pm. You can plan your visit around these times if you want to.









The fire alarm. We test the fire alarms every week. You can plan your visit around this is you want to:

- At the Senedd we test the fire alarms every Monday, Tuesday and Wednesday at 8:45am.
- At the **Pierhead Building** we test the fire alarms every Monday at 9:30am.
- At **Tŷ Hywel** we test the fire alarms every Monday at 9:00.



The sound of building work - like drilling.



The noise from an event or an activity being held at one of the buildings.



Noise from TVs.

In some places, we may play a film or a sound track which can be loud.



Food trolleys. The noise of the food trolley wheels on the floor is very loud in the **Senedd**.



In the **Senedd** the blinds open **automatically** and this makes a noise.

Automatically means moving by itself.



The hand dryers in the toilets are very loud.



In our lifts we have an automatic voice which tells you which floor you are on.

#### What you may smell



You may smell paint if there is somewhere in the building being painted.



You may smell cleaning products.



You may smell food in some places.

#### What you may touch



You may shake hands with someone. If you do not like shaking hands, please let a member of staff know.

## If you need to rest



If you need to go somewhere quiet, please ask a member of staff. They will show you to the quiet room.



You can sit and rest in the quiet room until you feel better.



## **More information**

If you would like more information about what will be happening on the day of your visit please phone or email us.

We can arrange for you to visit at a quiet time. We can also help you with other things that will make your visit easier.



Phone us on 0845 010 5500 or 01492 523200



Email us at assembly.info@wales.gov.uk

### Hard words

#### Automatically

Automatically means moving by itself.

#### **Call to Plenary bell**

The Call to Plenary bell tells all the Assembly Members to go to the Siambr. The Siambr is the name of the room where all the Assembly Members meet.

The Call to Plenary bell only goes off in the Senedd. You can hear what it sounds like on the National Assembly for Wales' website: http://www. assembly.wales/en/visiting/Pages/Visitors-autism.aspx.

It goes off at 1:25pm and 1:30pm. You can plan your visit around these times if you want to.

#### Detector

A detector is a machine we use to find something - like metal.

#### Loop system

A loop system is a special type of sound system to help people with hearing aids, hear more clearly.

#### Siambr

The Siambr is the name of the room where Assembly Members meet.